



Air Temp
21°C (70°F)

Water Temp
17°C (63°F)

2 Nights Camping – 10 Nights Hotel

Rafting wear

- A pair of Chacos or Keens. Trainers are also okay. Wetsuits and booties will be provided
- A pair of river shorts or swimming costume.
- Rash vest for under your flotation device
- Polypropylene or capilene thermal quick drying layers (top and bottoms) This is in addition to the set stated above.
- A baseball cap for under the helmet to keep sun off.
- Sunglasses and Chums for fastening your sunglasses to your head.
- 2 x 1 litre Nalgene or similar water bottle. (Hydration is **extremely** important)
- Carabiner for fastening water bottle to your boat.

General travel and around town

- Lightweight long trousers.
- Shorts
- Lightweight Long Sleeved shirts.
- Tops / Tshirts
- Fleece jacket.
- Warm woollen hat
- Polypropylene or capilene thermal quick drying layers (top and bottoms)
- Light down jacket
- Comfortable trainers / shoes
- Nice outfit or two for evening meals at restaurants
- Flip flops or jandals (this is the kiwi word for flip flops)
- Good quality rainwear – jacket and trousers
- Underwear.
- We will provide excellent natural insect repellent (NZ sandflies LOVE tourists)
- Wide brimmed sunhat
- Factor 50 sunscreen and lip balm
- Sunglasses.
- Travel adaptor plug for New Zealand

Personal items

- Glasses or contact lenses. Disposable lenses are ideal
- Toiletries, toothpaste, biodegradable soap and shampoo
- Forget the hairdryer, but we do suggest moisturizer
- Hand wipes and a small bottle of hand sanitiser
- Small pack towel
- Headlamp or head torch with spare batteries
- Any current medication you are currently taking
- Personal first aid kit. (your trip leader will also carry a first aid kit)

*You do not need to bring tent, sleeping bags or sleeping mats
We provide all personal flotation jackets, spray jackets & helmets*